

THE TRUTH ABOUT TRT CLINICS: WHY THEY MIGHT NOT BE YOUR BEST OPTION



IGNITE
PERFORMANCE AND HEALTH

When considering testosterone replacement therapy (TRT), it's essential to understand the reality behind TRT clinics. These clinics often operate on a volume-based business model. This means their primary goal is to see as many patients as possible, spending minimal time with each one. The promises made by these clinics can be misleading, and here's why:

Clinics claim TRT will build muscle, burn fat, increase energy, boost sex drive, and more. For testosterone alone to provide all the benefits promised by TRT clinics, most men need levels far beyond what any ethical and safe prescription would allow.

No doctor, including the ones at your local TRT clinic (whom you might never actually meet), will prescribe a dosage that raises your testosterone to these levels. In fact, most TRT clinics prescribe significantly lower doses to avoid potential side effects.

1 What's the truth then?

Boosting test levels at a safe but high level will give increased energy, enhanced performance in the gym, shorter recovery times, and the ability to burn fat and build muscle simultaneously. But these results come **only** when testosterone therapy is combined with a rigorous strength training and nutrition program

2 The IPH care difference

At Ignite Performance and Health, we understand achieving your goals requires more than just a prescription. Personal physician care and precision nutrition coaching are designed to retain and build muscle mass, along with personal strength training programs tailored for optimal results.

Our medically directed care ensures that your hormone levels are monitored and adjusted for maximum safety and effectiveness. Our staff forms close relationships with our clients as we train, teach, and transform.

3 Your transformation is our #1 goal

Unlike TRT clinics that operate on quantity, we focus on quality.

Our three-tier program of hypertrophy, nutrition, and pharmaceuticals fuels remarkable transformations in a fraction of the time.

4 An Accelerated Path to a Better Body

Don't be misled by the promises of TRT clinics. At Ignite Performance and Health, we prioritize your health and success, not your subscription.

We're committed to helping you achieve the body you've always wanted in a safe and efficient manner. Contact us to Ignite your transformation today.